

# MUSTER 007 | CHICAGO

## PLAN YOUR TRIP

### MAY 22 | DAY 1

6 PM - 8:30 PM

### MAY 23 | DAY 2

4:45 AM

7 AM - 7:55 AM

8 AM - 12 PM

12 PM - 1 PM

1 PM - 4:30 PM

5 PM - 7 PM

7 PM - 9 PM

CHECK-IN / MEET & GREET

PT [Group Workout]

CHECK-IN CONTINUED

GENERAL SESSION 01

REFUEL [Lunch]

GENERAL SESSION 02

REFUEL [Dinner on your own]

HAPPY HOUR / MEET & GREET\*

### MAY 24 | DAY 3

4:45 AM

8 AM - 12 PM

12 PM - 1 PM

1 PM - 3:30 PM

5 PM - 7 PM

7 PM - 9:30 PM

PT [Group Workout]

GENERAL SESSION 03

REFUEL [Lunch]

GENERAL SESSION 04

REFUEL [Dinner on your own]

INTRO TO BJJ

[Brazilian Jiu Jitsu]\*

\*All events are included in the ticket price; Attendance is optional



## HOTEL | EVENT LOCATION

### BOOK YOUR ROOM

Chicago Marriott Downtown Magnificent Mile

540 North Michigan Avenue (Driveway Entrance on 541 North Rush Street) Chicago, Illinois 60611 USA

Book by phone: +1 312-836-0100 | \*Room block fills up quickly. First come, first serve.

Book online: <https://book.passkey.com/e/49840053>



## TRANSPORTATION

### CLOSEST AIRPORTS

Midway International Airport | Airport Phone: +1 773-838-0600

Hotel direction: 12.1 miles NE (about 25 minutes from venue)

Driving directions from the airport to venue: Cicero Ave. North, To I-55 North, To Lakeshore Dr.

Go Left(North) On Lsd To Illinois/Grand Exit. Go Left On Grand Ave To Rush St. Turn Right, The Hotel Is On Your Right.

Visit MDW airport website: <https://www.flychicago.com/midway/home/pages/default.aspx>

O'Hare International Airport | Airport Phone: +1 773-686-2200

Hotel direction: 15 miles SE (about 33 minutes from venue)

Driving directions from airport to venue: Take I-190 East into I-90 (Kennedy Expressway) East to the Ohio Street Exit (50B). Ohio Street is a one-way street eastbound. Take Ohio Street to Rush Street. Turn right on Rush for hotel entrance.

Visit ORD airport website: <https://www.flychicago.com/ohare/home/pages/default.aspx>



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## TRANSPORTATION

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### GROUND TRANSPORTATION

From Midway International Airport to Chicago Marriott

This hotel does not provide shuttle service. However, there are several options for transportation from the airport to the venue.

Alternate transportation:

GO Airport Express; fee: 27 USD (one way); on request

Estimated taxi fare: \$40 USD (one way)

Estimated UberX: \$26

Subway service, fee: \$2.25 USD (one way)

From O'Hare International Airport to Chicago Marriott

This hotel does not provide shuttle service. However, there are several options for transportation from the airport to the venue.

Alternate transportation:

GO Airport Express; fee: 32 USD (one way); on request

Estimated taxi fare: \$45 USD (one way)

Estimated UberX: \$35

Subway service, fee: \$5 USD (one way)

### PARKING

The Chicago Marriott offers both valet parking and offsite self-parking for a daily fee.

Off-site parking, fee: \$48 USD daily | Valet parking, fee: \$61 USD daily

Valet USD \$61 per night with in/out privileges - offsite self-parking USD \$48 with in/out privileges for hotel guests.



## ADDITIONAL INFO

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### WEATHER

Be sure to pack appropriately considering the average Chicago temperatures in May can vary from 55 to 70 degrees F. Stay on the lookout for weather updates as we get closer to the event.

### DRESS CODE

Conference:

This is NOT a business environment, it's a LEARNING ENVIRONMENT.

Wear whatever you are comfortable in.

PT Sessions:

Workout clothes and athletic shoes. A water bottle is recommended.

Intro to BJJ:

No Gi. Wear comfortable workout clothes. No shoes on the mats.

### FAQ

Please visit our website for additional frequently asked questions:

<https://www.extremeownership.com/faq>

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## THINGS TO DO

### **MOLE DE MAYO | MAY 25-27TH**

Come celebrate Cinco de Mayo a little late at this Pilsen tradition. Pilsen is a historic neighborhood southwest of downtown. This weekend celebration features “mole” from local restaurants and other tasty food, crafts, a wrestling ring, and live entertainment. - <https://www.starevents.com/event/mole-de-mayo-2018/>

### **MEMORIAL DAY PARADE | MAY 26TH**

The Memorial Day festivities include a wreath-laying ceremony at the Eternal Flame found in Daley Plaza, followed by the parade that stretches along State Street, just a block over. The parade features veterans, active military duty, and marching bands. Learn more about Daley Plaza and the Eternal Flame on our Loop and Millennium Park Tour. - <https://rove.me/to/chicago/memorial-day-parade>

### **BELMONT-SHEFFIELD MUSIC FEST | MAY 26-27TH**

Local bands, food, and street vendors line Sheffield Avenue at this Memorial Day weekend festival. Come kick off summer at this outdoor fest! - <https://chicago.thelocaltourist.com/event/belmont-sheffield-music-festival>

### **NAVY PIER FIREWORKS | MAY 26TH**

Summer truly takes off with the start of Navy Pier Fireworks. On the 26th, the season begins with the fireworks show beginning at 10:15pm. These shows will continue all summer long, lighting up the sky every Wednesday and Saturday night. - <https://navypier.org/event/aon-summer-fireworks-2018/2018-05-26/>

### **SOLDIER FIELD TOURS**

Come experience both the historic and modern-day journey of Soldier Field, dedicated to the men and women of the armed services and home of the Chicago Bears. Soldier Field is also host to world-class concerts, college football, international soccer & rugby along with many other timeless events. <https://soldierfield.net/educational-tour>

### **NORTH LOOP AND MILLENNIUM PARK TOUR**

Defined by the elevated train lines that form a circuit in the heart of the city, the North Loop is Chicago's downtown area and theatre district. The Loop contains the largest concentration of skyscraper, including the second tallest building in the United States and it is effectively a living architectural museum, with a large range of architectural styles, from Victorian to post-modern, many with grand interior spaces. <https://freetoursbyfoot.com/millennium-park-chicago-map-and-tour/>

### **WRIGLEY FIELD | CHICAGO CUBS**

Wrigley Field, which was built in 1914, will be playing host to Major League Baseball for the 105th season in 2019 - and to the Cubs for the 103rd year. - <https://www.mlb.com/cubs/ballpark/>



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## THINGS TO DO

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### THE LINCOLN PARK ZOO

One of the oldest zoos in the country, and one of the last few free zoos. Home to over 1,000 animals, this is a great stop during your time in the city. While you are in the area, you can also explore the Lincoln Park Conservatory and the park itself. <https://www.lpzoo.org/>

### STROLL THE RIVERWALK

With the warmer weather, it is the perfect time to explore the Riverwalk. This beautiful stretch will bring you below the busy streets and right along the river's edge, lined with restaurants, art, and fountains. Learn more about the river and the Riverwalk itself on our Riverwalk and History Tour. <https://www.chicagoriverwalk.us/>

### CHICAGO CULTURAL CENTER

This beautiful and historic building is free and open for the public to explore. Beyond the art that lines the walls, you will find free traveling films, lectures, and performances here. Check out their calendar of events to see what is going on during your visit.

<https://www.choosechicago.com/things-to-do/museums-and-arts/chicago-cultural-center/>



## PLACES TO EAT

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### PORTILLO'S | FAST FOOD RESTAURANT | \$

Get an original Chicago-style hot dog at Portillo's, where they'll load your dog with mustard, relish, freshly chopped onions, sliced tomatoes, sport peppers and a kosher pickle, nestled in a steamed poppy seed bun. <https://www.portillos.com/index.html>

### UNO PIZZERIA & GRILL | PIZZA RESTAURANT | \$\$

Order a Numero Uno deep-dish pizza from Uno Pizzeria & Grill (a mainstay since 1943), which is loaded with sausage, pepperoni, onions, peppers, mushrooms and chunky tomato sauce, topped with mozzarella and romano. - <https://www.unos.com/>

### LA BOMBA PLACE | PUERTO RICAN RESTAURANT | \$

Get a taste of Puerto Rico with a jibarito: a sandwich made with fried green plantains (instead of bread) and loaded with your choice of filling — seafood, meat or vegetables. This specialty was invented right here in Chicago. An authentic version can be found at La Bomba, a casual Puerto Rican-inspired spot near Humboldt Park. - <http://www.labombaplace.com/>

### GENE & GEORGETTI | STEAK HOUSE | \$\$\$

Opt for a perfectly prepared cut of meat at Chicago's first steakhouse, Gene & Georgetti, founded in 1941. (Vying for more meat options? Try any of the delectable cuts of USDA Gibsons Prime Angus Beef at the Gibsons Steakhouse, or order the Filet Marsala at The Rosebud, a favorite for over forty years.) <https://geneandgeorgetti.com/>

### AL'S ITALIAN BEEF | SANDWICH SHOP | \$

Order the famous Italian beef sandwich at Al's Italian Beef — a sandwich stalwart since 1938 — and make sure to get it the Chicago way: loaded with hot and sweet peppers and dipped in "gravy" (beef juice) for an unbelievably juicy, flavorful meal. <https://www.alsbeef.com/>

### GREEK ISLANDS | GREEK RESTAURANT | \$\$

Say "Opa!" as you watch your server at Greek Islands light the famous flaming saganaki appetizer (Kasseri cheese flamed in brandy) ablaze at your tableside. Located in the heart of Greektown, this spot claims to be "the most popular Greek restaurant in America." - <http://www.greekislands.net/home>

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## PLACES TO EAT

### **BILLY GOAT TAVERN | AMERICAN RESTAURANT | \$**

For a cheap bite to eat, order a cheeseburger from the world-famous Billy Goat Tavern, which was established in 1934 and has even had a Saturday Night Live skit immortalizing the casual spot. (Looking for a gourmet burger fix? Try one of the many creative burgers at Kuma's Corner, or go with the cheeseburger at Au Cheval, dubbed one of the best burgers in America by Food Network.) - <http://www.billygoattavern.com/>

### **TWIN ANCHORS RESTAURANT & TAVERN | AMERICAN (TRADITIONAL) | \$\$**

Order a mouthwatering rack of sauce-slathered ribs at Twin Anchors Restaurant & Tavern, one of Chicago's oldest restaurant, which dates to 1932. - <https://twinanchorsribs.com/>

### **THE BERGHOFF | GERMAN RESTAURANT | \$\$**

Serving up authentic German fare in a beer hall environment since 1898, The Berghoff is the spot to go for Old World-style sausage and German beer. After all, The Berghoff obtained the first liquor license in Chicago after the Prohibition. - <https://www.theberghoff.com/>

### **LAS CARNITAS URUAPAN | MEXICAN RESTAURANT | \$**

Try authentic carnitas tacos at Las Carnitas Uruapan, which has been introducing Chicagoans to these ultra-flavorful, slow-cooked pork street tacos since 1975. (Craving more recommendations? The Little Village and Pilsen neighborhoods have you covered: try El Milagro, where the corn tortillas are made from scratch, or go with Bib Gourmand winner DeColores for an artful fine dining experience.) <http://www.carnitasuruapanchi.com/>

### **HARRY CARAY'S ITALIAN STEAKHOUSE | ITALIAN RESTAURANT | \$\$\$**

Order the "Best Chicken Vesuvio in the City" at Harry Caray's Italian Steakhouse, where half a bone-in chicken is roasted with quartered potatoes, sweet peas, garlic and white wine. The original recipe for this iconic dish has won the hearts of visitors and locals alike.

<https://www.harrycarays.com/harry-carays-italian-steakhouse-river-north.html>

### **JIMS ORIGINAL | SANDWICH SHOP | \$**

At Jim's Original, they've been serving their polish sausage the same way since 1939, so get a taste of the "Original Maxwell Street Polish Sausage Sandwich" from the people who invented it. Here, you can fill up on a juicy and crunchy smoked Polish sausage nestled into a hot bun and topped with yellow mustard, a pile of grilled Spanish onions and spicy hot sport peppers. - <http://www.jimsoriginal.com/jimsoriginal/Welcome/>

