

MUSTER 011 | PHOENIX, AZ

PLAN YOUR TRIP

AUG 16 | DAY 1

06:00 PM - 08:00 PM

AUG 17 | DAY 2

4:45 AM

07:00 AM - 07:55 AM

08:00 AM - 12:00 PM

12:00 PM - 01:00 PM

01:00 PM - 04:30 PM

04:30 PM - 06:00 PM

06:00 PM

CHECK-IN / MEET & GREET

PT [Group Workout]

CHECK-IN CONTINUED

GENERAL SESSION 01

REFUEL [Lunch Provided]

GENERAL SESSION 02

"GET AFTER IT" HOUR

REFUEL [Dinner on your own]

AUG 18 | DAY 3

04:45 AM

08:00 AM - 12:00 PM

12:00 PM - 01:00 PM

01:00 PM - 03:30 PM

05:00 PM - 07:00 PM

07:00 PM - 09:00 PM

PT [Group Workout]

GENERAL SESSION 03

REFUEL [Lunch Provided]

GENERAL SESSION 04

REFUEL [Dinner on your own]

INTRO TO BJJ [Brazilian Jiu Jitsu]*

*All events are included in the ticket price; Attendance is optional



HOTEL | EVENT LOCATION

BOOK YOUR ROOM

Arizona Grand Resort & Spa

8000 South Arizona Grand Parkway, Phoenix, AZ 85044

Book online: <https://reservations.arizonagrandresort.com/110245?groupID=3200248#/guestsandrooms>

*Room block fills up quickly. First come, first serve

More Info: <https://www.arizonagrandresort.com/location/>

TRANSPORTATION

CLOSEST AIRPORT



Phoenix Sky Harbor International Airport [PHX]

The Arizona Grand Resort & Spa is located less than 10 minutes from Sky Harbor International Airport:

Take the AZ-153 S towards 1-10/AZ-143.

Turn SLIGHT LEFT onto EAST UNIVERSITY DR.

Turn RIGHT onto AZ-143 S/HOHOKAM EXPWY.

AZ-143 S turns into 48th ST.

Take 48th St. to BASELINE RD.

Turn LEFT onto BASELINE RD, Drive 2 blocks.

Turn RIGHT onto S. Arizona Grand Parkway.



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TRANSPORTATION

GROUND TRANSPORTATION: From Phoenix Sky Harbor International Airport to Arizona Grand Resort

Uber: about \$15

The Arizona Grand Resort & Spa does not facilitate a shuttle to and from the airport. Contact their Valet Services to assist with transportation arrangements // 602.438.9000

PARKING AT THE ARIZONA GRAND RESORT

Complimentary nightly parking if registering through the Extreme Ownership Muster group. Otherwise, nightly parking is included in the \$55 Resort Fee.



ADDITIONAL INFO

WEATHER

Be sure to pack appropriately considering the average Phoenix temperatures in August can vary from 90 to 105 degrees. Stay on the lookout for weather updates as we get closer to the event.

DRESS CODE

Conference:

This is NOT a business environment, it's a LEARNING ENVIRONMENT. Wear whatever you are comfortable in.

PT Sessions:

Workout clothes and athletic shoes. A water bottle is recommended.

Intro to BJJ:

No Gi. Wear comfortable workout clothes. No shoes on the mats.

FAQ

Please visit our website for additional frequently asked questions:

<https://echelonfront.com/muster-faqs/>

